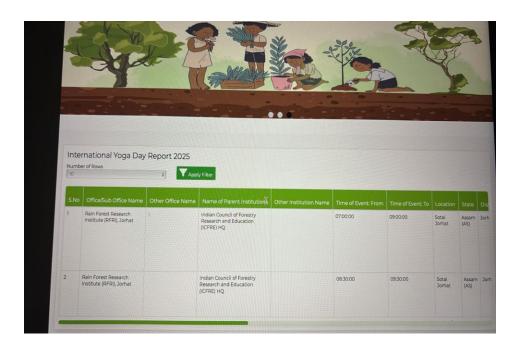
## Celebrating International Yoga Day-2025 at ICFRE-RFRI, Jorhat

The International Day of Yoga was observed at ICFRE-Rain Forest Research Institute, Jorhat with great enthusiasm and participation. Before the actual event a pre warm yoga session was conducted at the Institute Campus on 20th June, 2025. The celebrations International yoga Day 2025 on June 21st commenced with the yoga session conducted by Dr. Protul Hazarika promoting physical and mental well-being, in line with this year's theme "Yoga for One Earth, One Health." Further, multiple saplings were planted in the Institute campus under the initiative "#EkPedMaaKeNaam" and the theme "Harit Yoga." Around 35 participants, including scientists, technical officers and other staffs along with their family members, actively participated in the programme. The event was registered in YogaSangam Portal and MeriLiFE portal.









Yoga session at ICFRE-RFRI









## **Certificate from Yog-Sangam**

